### Based on:

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th edition). Washington, DC: American Psychological Association.

For further details please consult the publication.

The APA format documents a paper's sources by both citing them in the text and describing them bibliographically in the paper's *References* list.

#### 1. Reference citations in text: the author-date method

1.1 Integral and non-integral citation:

Integral:

Farmer (2009) found that the chicken came first. According to Farmer (2009), the chicken came first. The chicken-and-egg problem was solved by Farmer (2009). Farmer and Lay (2009) showed that ... The work of Farmer and Lay (2009) demonstrates that ...

Rare:

In 2009, Farmer presented his chicken-and-egg theory and ...

Non-integral:

It was the chicken that came first (Farmer, 2009). Previous research showed that it was the chicken that came first (Farmer, 2009). The findings were confirmed later (Farmer & Lay, 2009).

1.2 One work by one author:

Farmer (2009) pointed out that the chicken-and-egg question was considered impossible to answer. Furthermore, Farmer stated that ...

1.3 One work by multiple authors:

Two authors:

Farmer and Hatch (2009) compared free-range eggs ...

Three or more authors:

- As first citation in text:

Framer, Hatch, and Lay (2009) advocate that ...

- As subsequent first citation per paragraph thereafter:

Framer et al. (2009) furthermore explore ...

- Subsequent citations after first citation within a paragraph (omit year):

Framer et al. found ...

1.4 Works with no author:

The book Free-range eggs (2009) is ...

1.5 Authors with the same surname:

A. M. Farmer (2004) and P. M. Farmer (2006) studied ...

1.6 Secondary sources

Lay's observations (as cited in Farmer, 2009) ...

#### 1.7 Personal communication

A. M. Farmer (personal communication, March 21, 2009)

1.8 Two or more works published in the same year and in-press works:

Several studies (Farmer, 2006a, 2006b, 2006c; Lay, 2005, in press-a, in press-b) discuss ...

*1.9 Direct quotation* (quotations of fewer than 40 words): incorporate into text, cite word by word, use double quotation marks, and indicate exact location

As Barn (2005) points out, "in the hands of an experimental scientist, the question is simple and straightforward" (p. 24).

or

Commenting on earlier research results, Barn (2005) points out that "in the hands of an experimental scientist, the question is simple and straightforward" (p. 24) and notes ...

It has been pointed out that "in the hands of an experimental scientist, the question is simple and straightforward" (Barn, 2005, p. 24).

*1.10 Long quotations* (usually those of 40 words or more): start on a new line, indent them about 1.27 cm from the left margin, use double spacing for the entire quotation, do not use quotation marks, put source after final punctuation mark.

Farmer (2007) questioned the validity of the results:

Several studies questioned the validity of the results:

#### 2. List of references items

References should be placed at the end of the paper on a new page, in the References section, listing each source cited in the text alphabetically by the author's name (or by a work's title when no author is given). Double space all reference entries and use hanging indent format (indent about seven spaces or 0.7 cm).

Entire book, print version, single author	Farmer, A. M. (2009). <i>The chicken-and-egg problem</i> . Cambridge, England: Cambridge University Press.
Entire book, print version, joint authors	<ul><li>Farmer, A. M., &amp; Farmer, P. M. (2009). <i>The chicken-and-egg problem:</i> <i>Mystery solved</i> (2nd ed.). Washington, DC: Buck, Starr, &amp; Winnipeg.</li></ul>
Electronic version of print book	Farmer, A. M. (2009). <i>The chicken-and-egg problem</i> . Retrieved from http://books.google.com/books

Edited book	Farmer, A. M., & Farmer, P. M. (Eds.). (2009). The science of unsolvation				
	problems. New York, NY: Guilford Press.				
Book chapter, print version	Mayhem, A. D. (2009). The conundrum. In A. M. Farmer & P. M. Farm				
print version	(Eds.), The science of unsolvable problems (pp. 25-47). New Yo				
	NY: Guilford Press.				
Journal article/single	Barn, I. (2006). The chicken issue revisited. Annual Review of B				
author (Paginated by Volume)	Science, 13, 24–36.				
Journal article/single author (Paginated by Issue)	Lay, M. (2009). The egg issue revisited. <i>Bird Research</i> , 8(1), 47–58.				
Journal	Farmer, P. M., & Farmer, A. M. (2007). Theoretical bases of the chicke				
article/multiple Authors	and-egg problem. Applied Science, 1(3), 1–47.				
	Farmer, P. M., Barn, I., & Farmer, A. M. (2008). Which came first? T				
	chicken or the egg? Knowledge Management Research, 2(9), 65-74.				
Paper presented at a conference	Lay, M. (2007, February). The chicken-and-egg debate: Which ca				
	first? Paper presented at the Annual Conference of Philosophe				
	Denver, Colorado.				
	Tollas, B. (2008, May). Új eredmények a tyúk vagy tojás kérdésk				
	genetikai hátteréről. [New results concerning the genetic basis of				
	chicken or egg problem.]. Paper presented at the Genet				
	Symposium, Madrid, Spain.				
Unpublished doctoral dissertation	Farmer, A. M. (2004). Revisiting the 'Which came first — The chicken				

*the egg?' problem* (Unpublished doctoral dissertation). Massachusetts Institute of Technology, Cambridge.

Unpublished thesis (Unpublished master's thesis). Massachusetts Institute of Technology, Cambridge.

### 3. Formatting tables and figures

Use Arabic numerals to number tables (Table 1, Table 2) and figures (Figure 1, Figure 2). The number of the table and the title go above the table (see Figure 1). The number of the figure and the title go below the figure (see Figure 2).

	Younger group		Older group			
Measure	М	SD	M	SD	F(1, 46)	р
Years of education	13.92	1.28	16.33	2.43	18.62	<.001
Beck Anxiety Inventory	9.39	5.34	6.25	6.06	3.54	.066
BADS-DEX	20.79	7.58	13.38	8.29	10.46	.002
STAI-State	45.79	4.44	47.08	3.48	1.07	.306
STAI–Trait	45.64	4.50	45.58	3.15	0.02	.963
Digit Symbol Substitution	49.62	7.18	31.58	6.56	77.52	<.001
Generative naming	46.95	9.70	47.17	12.98	.004	.951
Vocabulary	33.00	3.52	35.25	3.70	4.33	.043
Digit Span–Backward	8.81	2.09	8.25	2.15	0.78	.383
Arithmetic	16.14	2.75	14.96	3.11	1.84	.182
Mental Control	32.32	3.82	23.75	5.13	40.60	<.001
Self-Ordered Pointing	1.73	2.53	9.25	9.40	13.18	.001
WCST perseverative errors	0.36	0.66	1.83	3.23	4.39	.042

*Note.* The Beck Anxiety Inventory is from Beck et al. (1988); the Behavioral Assessment of the Dysexecutive Syndrome—Dysexecutive Questionnaire (BADS–DEX) is from Wilson et al. (1996); the State–Trait Anxiety Inventory (STAI) measures are from Spielberger et al. (1970); and the Digit Symbol Substitution, Digit Span–Backward, and Arithmetic Wechsler Adult Intelligence Scale—III and Wechsler Memory Scale—III measures are from Wechsler (1997). Generative naming scores represent the total number of words produced in 60 s each for letter F, A, and S. The Vocabulary measure is from Shipley (1986); the Mental Control measure is from Wechsler (1987); the Self-Ordered Pointing measure was adapted from Petrides and Milner (1982); and the Wisconsin Card Sorting Task (WCST) measure is from Nelson (1976). All values represent raw, nonstandardized scores.

Figure 1. Sample APA formatted table with a note.

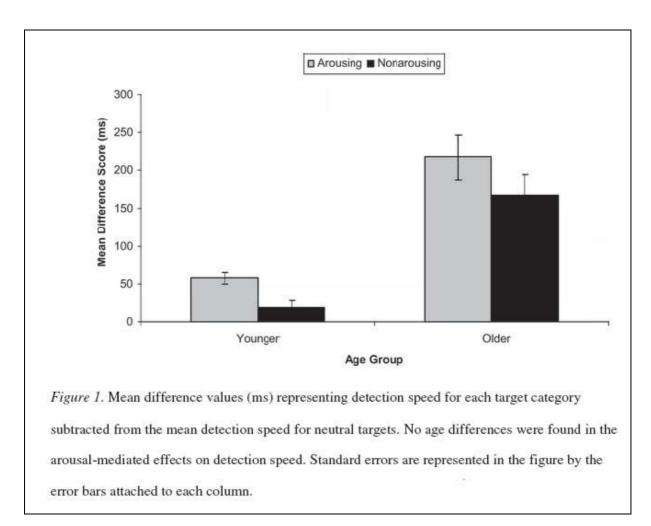


Figure 2 Sample APA formatted figure.

# 4. Formatting the text

Typeface: Times New Roman, 12-point font size.

Line spacing: double-space between all text lines; single-spacing or one-and-a-half spacing in tables and figures.

Margins: uniform margins of 2.54 cm\*.

Indentation: indent the first line of every paragraph (5-7 spaces or ½ inch), left align all remaining lines\*\*; exceptions: the abstract, block quotations, titles and headings, table titles and notes, figure captions.

\* for BA and MA theses you should set the left margin at 3 cm because 0.5 cm is usually taken up when the thesis is bound \*\* for seminar papers and BA and MA theses you may choose to justify lines

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## APA Tutorial

http://flash1r.apa.org/apastyle/basics/index.htm

APA Documentation Style [see Social Sciences section/Documenting sources] http://bcs.bedfordstmartins.com/resdoc5e/#p04\_c09\_o

APA Documentation Style http://owl.english.purdue.edu/owl/resource/560/01/

# APA Instruction videos

http://library.nmu.edu/guides/userguides/apavideos.htm

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APA Supplemental Materials http://apastyle.org/manual/supplement/index.aspx

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