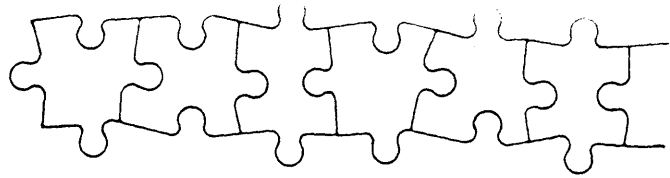


# Unit 1 Outdoor Holiday



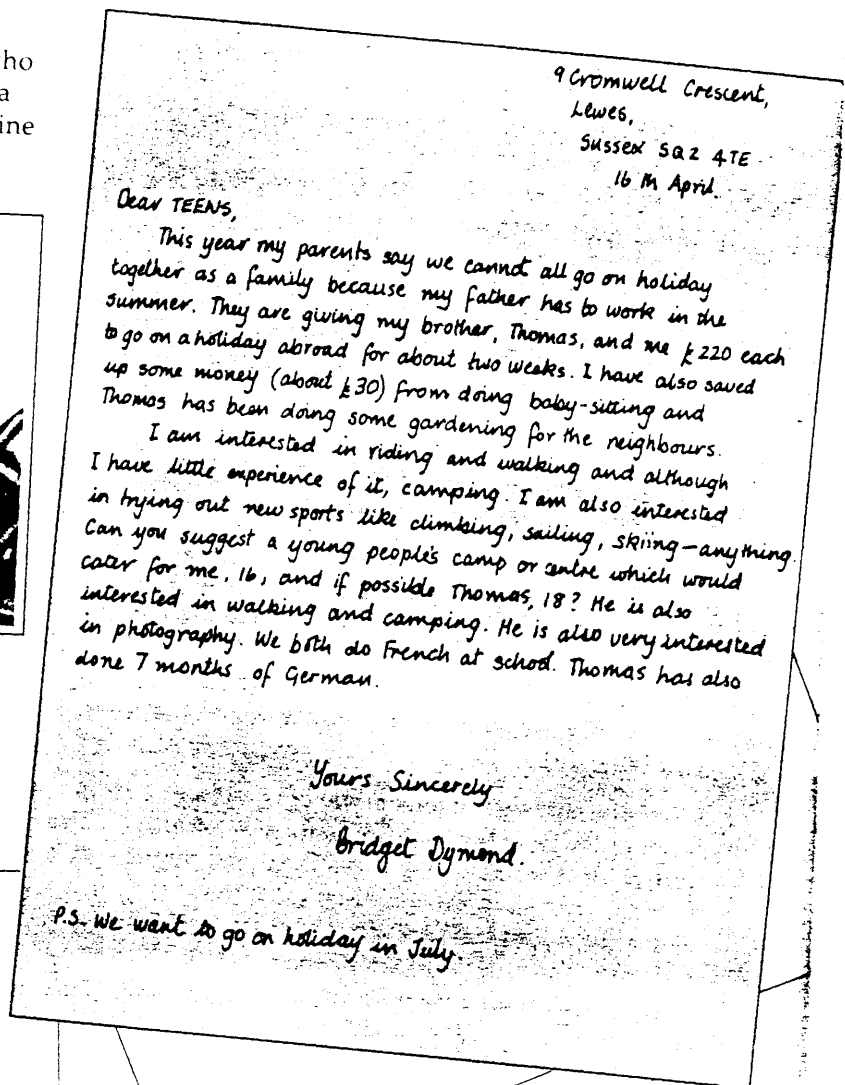
## Stage 1 Introduction

**Part 1** Bridget is a sixteen-year-old school girl who lives in Lewes, in the south of England. Here is a letter that Bridget sent to *Teens*, a weekly magazine for teenagers.



Read Bridget's letter and find out:

- 1 Why Bridget wrote to *Teens*.
- 2 What hobbies and interests Bridget has.



# Teens

22, Salisbury Avenue, London, W1

19 April

Dear Bridget,

I wonder if you have heard of the Youth Hostels Association? In youth hostels you can stay cheaply, explore the surrounding towns and countryside, and meet other young people. Every year the YHA organizes a lot of exciting holidays abroad for young people. I enclose some of their brochures for holidays this summer.

When you look through these brochures notice that the cost sometimes includes full-board, but by no means always. Fares from Britain are usually included. If you go on one of these holidays you will of course have to become a member of the YHA. Although you never have to carry a warm sleeping bag with you, you may need to take a sheet sleeping bag. You can buy these at the YHA shop in London. Read all the information in the brochures carefully. I am sure that you and your brother will find an interesting holiday through the YHA - and certainly within your budget.

With very best wishes for a happy holiday.

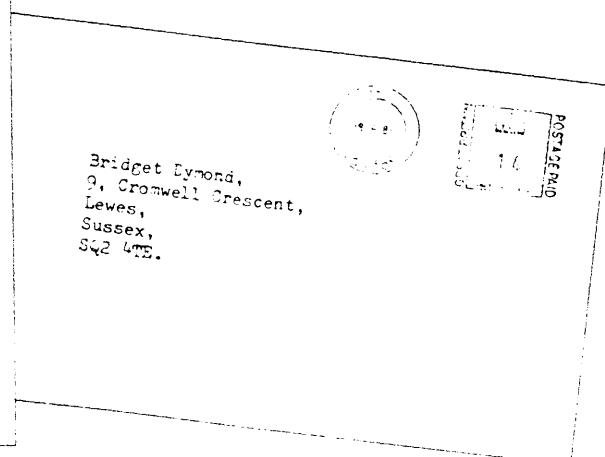
Yours sincerely

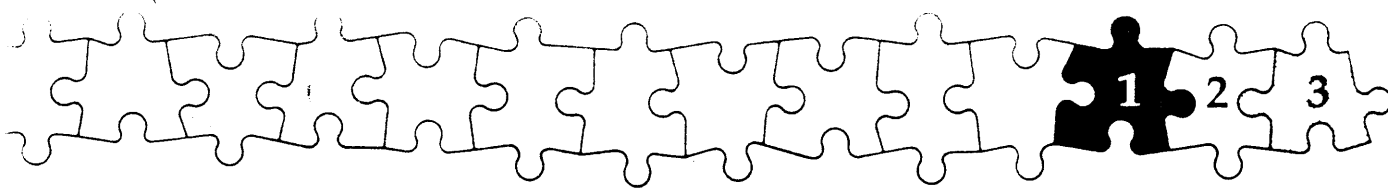
Mary Roper

Mary Roper  
TEENS Question Corner

**Part 2** Here is the reply that Bridget received to her letter.

How did *Teens* help Bridget?








## Stage 2 Jigsaw Reading Tasks

In the jigsaw texts you will find extracts from the YHA brochures that Bridget received from *Teens*. Read the texts for your group (Group 1 p. 28, Group 2 p. 38, Group 3 p. 48). Then:

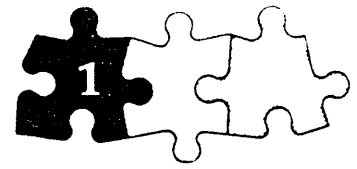
- 1 Decide which of the three holidays you have read about is the most suitable for Bridget and Thomas.
- 2 Make notes about this holiday in the part of the table that is for your group.

Holiday			
Country			
Activity			
Cost			
Items included in cost			
Items <i>not</i> included in cost			

## Stage 3 Discussion

- 1 Find out from the other two groups about the holiday they think might be suitable for Bridget and Thomas.
- 2 Calculate the *total* cost of each of the three holidays, including YHA membership, etc.
- 3 Decide which of the three holidays you think Bridget and Thomas should go on.

# Unit 1 Outdoor Holiday



## General Information...

### Membership

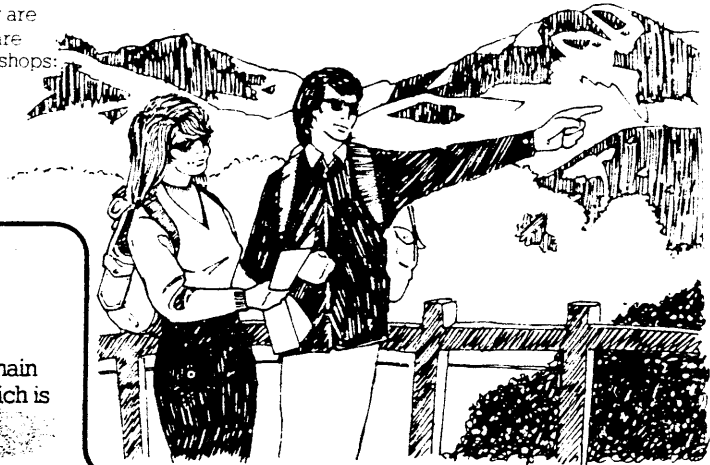
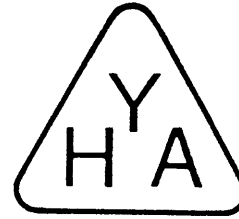
YHA membership is essential for holidays where participants stay in Youth Hostels. The fee ranges from £1 to £3 according to age.

Young	(5-15)	£1.50
Juven	(16-20)	£3.00
Senior	(21 and over)	£5.00

### Sheet sleeping bags

The use of a sheet sleeping bag is established custom at Youth Hostels throughout the world. In Austria and Switzerland they are included in the overnight charge but for other countries you are advised to take your own. They can be purchased from YHA shops:

Cotton (cotton)	£4.00
Top Quality Cotton	£4.80
Nylon	£4.30



### Note:

#### Transalpino tickets

The price shown against this symbol denotes that the main rail journey is undertaken with a Transalpino ticket which is only available to those under age 26.

## BENELUX

### Go-as-you-please Holiday

#### Time on your hands?

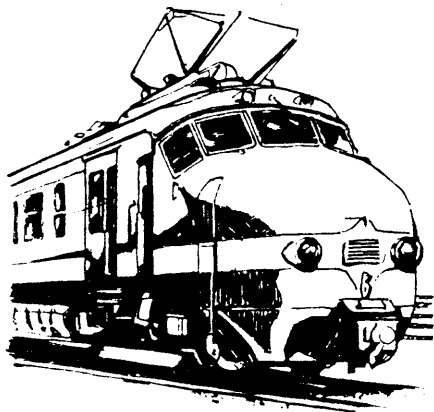
**RX 4 15 days**

○ £119 £135

An exceptional chance to see Belgium, Holland and Luxembourg by rail, using a Tourrail card valid on any 8 days during your visit. Stop off whenever and wherever you wish - to sightsee, to wander around to meet the locals. In addition you are given a **FREE Citizen digital watch**, guaranteed for one year, 14 vouchers for hostel overnights and breakfasts and facilities for advance booking. You will meet your package from one of three centres. The above prices include return travel from London to Ostend. To start from Rotterdam would cost £9 or ○ £4 extra, or Luxembourg £17 or ○ £6 extra.

Departures daily 1 April to 1 October from London at 10.44 by Sealink to Ostend.

**NB:** £50 deposit must be paid at time of booking. If for any reason you have to cancel, this will be forfeit but you will receive the Citizen Watch.



## CANADA

### Kayak Touring

**OW 53 9 days**

£140 (plus travel)

An exciting programme offered by Canadian YHA with 9 days instruction on kayak touring along the west of Vancouver Island. Starting from Vancouver hostel on 14 July you will travel by ferry across the Gulf of Georgia. At Toqua Bay you begin the Ocean Kayak Tour. You will paddle an average of four hours per day and instruction will be given by a CYHA fully qualified instructor. The return air fare to Vancouver is an extra £279 plus airport tax and you have the opportunity of extending your stay in Canada within your flight dates. Please write for further details.



## NORWAY

### Canoeing in the Wilderness

**ON 72 12 days**

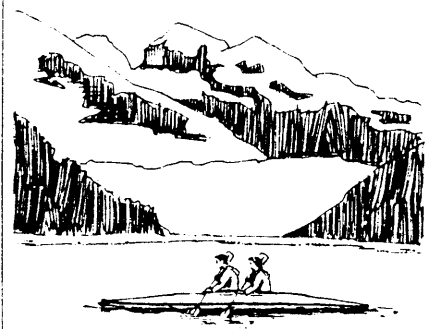
£236\*

Go-as-you-please canoeing for two or four people arranged by NUH (Norwegian YHA) in the Femundsmarka National Park, near the Swedish border. Two overnights at Oslo Youth Hostel and travel to and from the starting point are provided, also hire of tent, canoe and all other necessary equipment, and provisions for the seven days in the wilderness - and then you are on your own! Longer periods can be arranged at £9.25 per day extra.

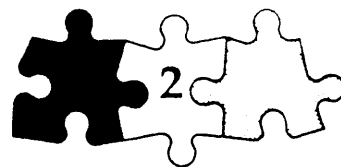
Overnights: Ship 1, Oslo 1, Camping 7, Oslo 1, Ship 1. Departures by Fred Olsen-Bergen Line on Mondays, Wednesdays and Saturdays, 26 May to 20 August, and Fridays and Sundays, 29 August to 5 October, via Bergen.

\***Price reduction of £50** on or before 12 June and on or after 19 September.

**Reduction of £32** on departures 14 June to 2 July and 14 September.



# Unit 1 Outdoor Holiday



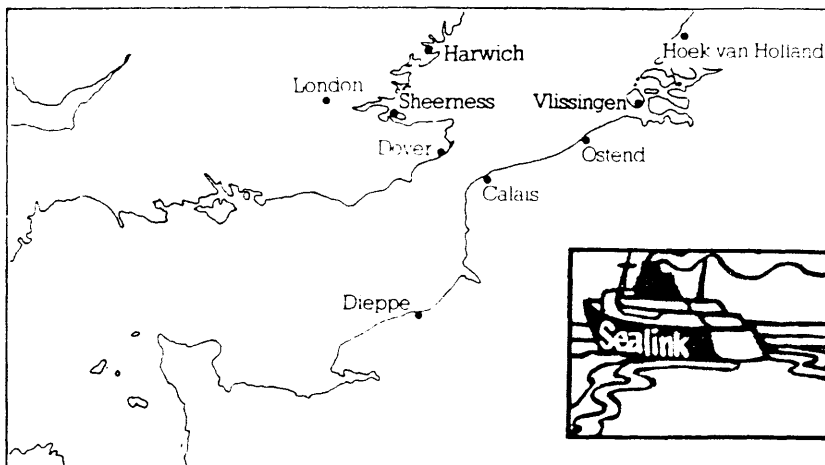
## About Your Holiday...

### Special abilities

Some of the holidays require certain abilities, eg. canoeing in Norway, walking in the Austrian mountains, etc. - please bear this in mind when booking.

### Languages

Generally the predominant language used on the holiday will be that of the host country, but in the majority of cases the group will be of mixed nationality. English is often understood, but you will gain more from your holiday with the knowledge of some basic phrases in the language concerned. The International Conversation Book, supplied to you free, details many words and phrases that you will find useful and covers ten different languages. In the case of holidays involving instruction, this will be given in the local language (except in Scandinavia and possibly in Holland) and you need a working knowledge of the language of the host country.



### Harwich Parkeston Quay - Hoek van Holland

Fares shown are for single journeys

	First Class	Second Class
Adult	£18.00	£14.00

### Note:

### Transalpine Tickets ○

The price shown against this symbol denotes that the main rail journey is undertaken with a Transalpine ticket which is only available under age 26.

### Sheerness - Vlissingen

Passengers	Single Journey	1st Jan-31st Dec
Adults		£14.00
Children (4-13 yrs incl)		£ 7.00
Infants (Under 4 yrs)		FREE
Youths (14-17 yrs incl) & Persons over 65 (Day sailings only)		£11.00

## ICELAND

### 6-day Safari

OR 70 8 days £290

A tour of spectacular areas in the south by specially built overland buses operated by Ulfar Jacobsen. Reykhot, Thingvellir Geysir, Gullfoss, Eldgja, Skaftafell and Thorsmork are visited. Price includes flights from London, transfers between airport and Reykjavik, two nights in youth hostel, and on the safari: transportation, all meals, tent accommodation and guide.

Departures on Saturdays, 21 June to 23 August, from London Heathrow by Icelandair.



## HOLLAND

### The Silver Bike

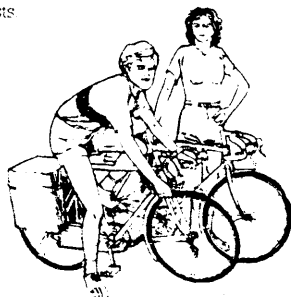
RH 13 10 days £115 (plus travel)

Following the phenomenal success of last year's 50th Anniversary offer, NJHC (Dutch YHA) do it again! To make possible this wonderful opportunity to see as much of Holland as you can cover on two wheels you are given the cycle FREE. It will be a silver enamelled touring model, 22 inch, with 3 speeds and front and back carriers. This is not an organised tour as you plan your own itinerary and go just where you please, booking hostels in advance with the aid of information we provide.

- The price also includes:
- 9 vouchers for bed and breakfast
  - shoulder-bag with maps
  - Kodak pocket camera
  - puncture repair kit
  - rain cape

On arrival in Holland you collect the complete package at the centre chosen, either Hoek van Holland or Vlissingen. Departures daily from Harwich or Sheerness. Fares to Holland are not included but will be quoted.

NB. Full payment must accompany your application. Write for special booking form and travel timings and costs.



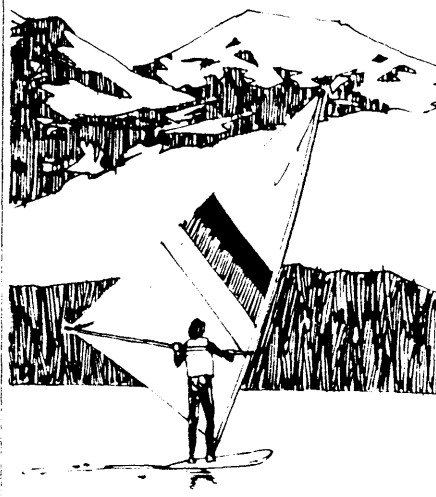
## GERMANY

### Windsurfing on Bodensee

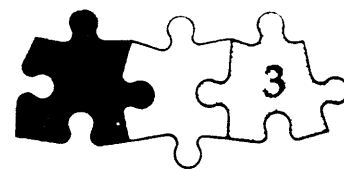
OD 66 9 days ○ £148

DJH (Germany YHA) courses for those aged 15-27 and families with children from 8 years (swimmers only). This comparatively new sport is becoming very popular in Germany. Course fees and test fees are included. Ask for information leaflet. Accommodation in Lindau youth hostel with full board.

Departures on 29 March and 5 April and every Saturday, 21 June to 6 September inclusive, from London at 14.44 by Sealink via Ostend.



# Unit 1 Outdoor Holiday



## About Your Holiday...

Most of the activity holidays in this programme are organised by other European youth hostel associations. When you join one of these holidays you will usually find yourself part of an international group of hostellers which will add interest to an already exciting holiday - be it mountain walking in Austria, sailing on the Frisian Lakes, or any other of the activities that have been specially promoted for youth hostellers.

The price includes:

- a Return fare from London or as stated
- b Accommodation and full or half board as indicated. On camping holidays you provide your own food
- c Course and instruction fees where applicable
- d International Conversation Book for Hostellers
- e A 10% discount voucher on clothing and equipment from YHA shops

We make, on your behalf, all the travel arrangements but you will not normally link up with the other members of the group until you reach your Continental destination. If there are other UK participants travelling at the same time we will advise you so that you can link up at the departure point.



### Note: Transalpino Tickets

The price shown against this symbol denotes that the main rail journey is undertaken with a Transalpino ticket which is only available to those under age 26.

## FRANCE

### Cycling in the Loire Valley

OF 57

A 10 days £126 ○£119  
B 15 days £202 ○£195

Two FUAJ (French YHA) group cycling tours along the Loire Valley and through the Sologne, a wooded area with many small lakes. Several of the famous chateaux will be visited. Good opportunities for photography and processing at the end of the tour, the hostel having a dark room. Cycles are provided. Minimum age 18.

Accommodation in Beaugency youth hostel and camping with full board.

Departures on Saturdays, end June to early September, from London at 20.17 by Sealink via Dieppe.



## AUSTRIA

### Sailing on the Salzkammergut Lakes

OA 52

10 days

from £202  
○£191

Sailing courses for beginners and intermediate class on Mondsee or Wolfgangsee organised by OJHV (Austrian YHA).

Accommodation in private houses but meals in the youth hostel. Reduction of £12.00 per course following 23 August when accommodation is in the youth hostel.

Windsurfing courses are also available, ask for quotation.

Overnights: Train 1, Course 7, Train 1.

Departures on Saturdays, 12 April to 17 October from London at 14.44 by Sealink via Ostend.



## SWITZERLAND

### Walking in the Bernese Oberland

OC 75

15 days

○£188

A tour for good walkers aged 16-25 with Swiss leader, 5-7 hours walking daily. You join the group in Berne, begin with local walks and a lake-steamer journey, then the main walk starts at Frutigen through the Oberland to Grindelwald, Meiringen and Brienz, to return via Emmental to Berne. Price includes half board in youth hostels or other accommodation, travel by train, ship and postbus plus accident insurance.

Departures from London at 14.00 by Sealink via Calais on 13 and 20 July.

